



## Syllabus

### PSY 270 Psychology of Addiction

#### General Information

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**Date** November 15th, 2022

**Author** Mary Murphy

**Department** Social Science

**Course Prefix** PSY

**Course Number** 270

**Course Title** Psychology of Addiction

#### Course Information

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**Catalog Description** This course will use the Biopsychosocial model to introduce foundational knowledge of drugs of abuse, behavioral addictions, the reasons people begin to use substances and the impact on the brain, physically and psychologically. Topics will include, but not be limited to, epidemiology, the public health impact of substance abuse, diagnosis, other models of addiction, and intervention and treatment approaches.

**Credit Hours** 3

**Lecture Contact Hours** 3

**Lab Contact Hours** 0

**Other Contact Hours** 0

**Grading Scheme** Letter

#### Prerequisites

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PSY 100 Introduction to Psychology

#### Co-requisites

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None

#### First Year Experience/Capstone Designation

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**This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.**

## SUNY General Education

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**This course is designated as satisfying a requirement in the following SUNY Gen Ed categories**

None

## FLCC Values

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### **Institutional Learning Outcomes Addressed by the Course**

Vitality, Inquiry, Perseverance, and Interconnectedness

## Course Learning Outcomes

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### **Course Learning Outcomes**

1. Demonstrate an understanding of the concept of addiction and the connection between addiction and psychology.
2. Demonstrate knowledge of the various types of addictive behavior and the impact of substance use on the brain and overall well-being.
3. Synthesize information to support or refute personal beliefs about addiction.
4. Explain the various types of treatment and options for recovery.

## Outline of Topics Covered

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History of addiction, concepts and definitions, substance and behavioral addictions including gaming and the internet.

The brain and addiction, who uses, who becomes addicted and why. Special attention will be paid to the development of the adolescent brain and the impact of addiction on this process.

Models of addiction.

Treatment modalities, Medications for addiction treatment, and psychological approaches.

History and varieties of recovery.

Current research and enduring questions.

## Program Affiliation

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**This course is not required as a core course in any programs.**